

● senior housing options

	<i>Housing for Active Seniors (55+)</i>	<i>Independent Living Retirement Communities</i>	<i>Assisted Living</i>	<i>Nursing Homes</i>	<i>Continuing Care Retirement Communities</i>	<i>The Next Wave Intentional Communities for Life</i>
Physical Features						
Single-family home or townhouse	•	•			•	•
Apartment	•	•	•		•	•
Accommodates physical limitations/changing needs		some	•	•	some	•
Designed for couples	•					•
Utilizes high technology						•
Convenience & Support Services						
Maintenance: building and grounds	•	•	•	•	•	option
Housekeeping		some	•	•	•	option
Meals		1 to 3	2 to 3	3	1 to 3	option
Transportation		some	some	some	some	option
Social, cultural, and recreational activities		•	•	•	•	option
On-site salon		some	some	some	most	option
On-site fitness center		some	some	some	most	option
24-hour security	some	some	•	•	•	option
Concierge		some			some	option
Resident Care Services						
Personal care (bathing, dressing)			•	•	•	option
Medication assistance			•	•	•	option
Skilled nursing & rehab therapy				•	•	option
24-hour resident care staff			•	•	•	
Dementia care			•	•	•	
Financing						
Ownership or buy-in	•	•			•	•
Rental or <i>per diem</i> fee	•	•	•	•		•
Services covered by monthly or annual fee	some	some	some	most	most	some
Services purchased <i>a la carte</i>		some	some	some	some	most
The Community's Culture						
Consumer controlled, consumer driven						•
Emphasis on lifestyle continuity						•
Priority on convenience						•
Age-integrated						•
Affiliated with institutions of higher education		some			some	•